

近十年涨跌幅均值



近五年涨跌幅均值



名称	2016	2017	2018	2019	2020	2021	2022	2023	2024	2025	近五年平均	近十年平均
NYMEX原油	1.18%	-0.13%	1.19%	-4.80%	-7.31%	5.70%	5.30%	-2.83%	2.33%	-0.48%	2.01%	0.01%
NYMEX天然气	-1.50%	-5.11%	0.87%	-4.21%	-3.71%	8.77%	-2.88%	-8.97%	-15.01%	-0.56%	-3.73%	-3.23%
COMEX黄金	5.49%	2.24%	-1.99%	-0.29%	2.00%	-3.75%	0.95%	-0.01%	-1.18%	4.78%	0.15%	0.82%
COMEX白银	5.06%	4.14%	-1.72%	-0.53%	1.35%	1.29%	0.13%	-1.39%	3.60%	7.64%	2.23%	1.95%
LME铜	-2.71%	0.97%	-0.38%	0.98%	-7.72%	1.66%	3.99%	-0.77%	2.99%	0.96%	1.77%	0.00%
LME铝	1.83%	3.29%	-0.91%	-2.14%	-6.24%	2.97%	-0.14%	0.76%	2.58%	-0.88%	1.05%	0.11%
LME镍	-4.50%	10.39%	-1.43%	-0.75%	-4.55%	0.32%	3.34%	1.26%	1.62%	-1.46%	1.02%	0.44%
LME锡	-0.13%	0.80%	0.91%	0.16%	-3.93%	2.13%	0.88%	1.45%	-0.31%	0.79%	0.99%	0.27%
LME铅	1.82%	-0.55%	0.16%	0.89%	-3.61%	5.25%	3.36%	3.52%	3.85%	2.28%	3.65%	1.70%
LME锌	4.76%	1.67%	-0.81%	-1.53%	-4.45%	1.10%	-1.76%	4.68%	0.85%	0.87%	1.13%	0.53%
CBOT大豆	0.35%	-0.93%	1.90%	-0.22%	-4.10%	2.16%	5.76%	0.22%	-1.84%	2.85%	1.83%	0.61%
CBOT玉米	-1.85%	1.10%	1.84%	-0.93%	-3.11%	3.76%	-2.28%	0.96%	-3.87%	2.44%	0.20%	-0.19%
CBOT豆粕	2.72%	0.15%	0.63%	3.35%	-8.26%	2.30%	0.25%	-2.05%	-5.07%	1.64%	-0.59%	-0.43%
CBOT小麦	-1.50%	-2.14%	2.69%	-1.83%	-2.98%	2.18%	7.82%	2.09%	-2.42%	4.22%	2.78%	0.81%
CBOT棉花	-1.87%	1.70%	-1.87%	-1.24%	-5.07%	2.13%	-2.79%	0.84%	-4.99%	7.84%	0.60%	-0.53%
CBOT糖	-2.88%	-2.31%	-2.33%	-2.81%	-0.11%	-1.82%	2.18%	0.94%	-1.66%	6.26%	-1.32%	-1.71%
ICE11号糖	-1.43%	0.59%	-0.30%	0.71%	-0.07%	-3.76%	-0.11%	6.75%	-5.85%	2.77%	-0.04%	-0.07%
ICE2号棉花	-2.15%	3.52%	4.26%	-1.52%	-3.59%	4.39%	2.35%	0.25%	5.90%	-0.64%	2.45%	1.28%
标普500	-0.81%	-0.69%	0.10%	0.05%	-3.01%	0.55%	1.55%	2.47%	0.15%	0.43%	1.03%	0.08%
美元指数	-1.05%	-0.66%	1.23%	1.08%	-0.32%	0.54%	-1.80%	-0.07%	0.13%	0.62%	-0.12%	-0.03%
CRB商品指数	-0.97%	-0.38%	0.93%	-1.39%	-4.60%	2.50%	3.34%	-0.29%	-0.36%	1.30%	1.30%	0.01%
BDI	-2.02%	-8.33%	4.66%	-6.82%	-15.45%	34.17%	3.04%	-11.40%	9.30%	-1.05%	6.93%	0.67%

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冠通期货 研究咨询部 王静
执业资格证书编号:F0235424/Z0000771
联系方式:010-85356618